

REGISTRATION IS OPEN!

**REGISTER
EARLY!**

Bay County Prevention Network Presents:

A FREE SEMINAR ON RECOVERY, WITH NATIONAL SPEAKER Dr. John MacDougall from Hazelden

September 20th, at Pulaski Hall, 1401 S. Grant St., Bay City, MI 48708

For More Information Contact:

goldie.wood@mclaren.org or call 989-895-3510

The Bay County Prevention Network is proud to announce that Dr. John MacDougall will be speaking at Pulaski Hall on September 20th. His talks will focus on "Being Sober", "Trauma and Recovery" and "Finding Happiness in Recovery".



John MacDougall, D.Min., is Director of Spiritual Guidance at Hazelden, and serves as the clinical director for the Spiritual Care Department and the Family Program in Hazelden's Center City, Minnesota campus. He also speaks widely in outside continuing education programs and at regional Alcoholic Anonymous events. MacDougall is an **ENORMOUSLY POPULAR RECOVERY SPEAKER** to audiences across the country and writes the "Slogans and Self-Talk for Recovery People" column for Hazelden's Voice newsletter. He has provided several print and broadcast interviews as an expert on spirituality in recovery and the importance of educating the family about the disease of addiction.

Additionally, Dr. MacDougall has authored many publications, including his new book, **BEING SOBER AND BECOMING HAPPY**. He will be available to sign books.

DATE: SATURDAY, September 20th

TIME: 9:00 am to 2:30 pm

PLACE: Pulaski Hall (1401 S. Grant)

WHAT: Three insightful and thought-provoking talks:

BEING SOBER, TRAUMA & RECOVERY and
FINDING HAPPINESS IN RECOVERY,

all based on Dr. MacDougall's book; *BEING SOBER AND BECOMING HAPPY*.

Questions and answers follow each talk.

COSTS: **THERE IS NO CHARGE TO ATTEND THIS SEMINAR. Lunch & morning snack provided.**

All costs are being covered by local funding and Riverhaven Coordinating Agency.

REGISTRATION: Registrations appreciated (for lunch count), Please contact Goldie Wood at;

goldie.wood@mclaren.org ~ 989-895-3510

*We are very fortunate to have
Dr. MacDougall's services in
that he is an excellent speaker
and leader in the treatment
and recovery field.*

Dr. MacDougall weaves humor throughout his insightful and motivating messages.
As a highly sought after national speaker, we are delighted to have him coming to Bay County.